



FEBRUARY 2017

ROSELLE PARK Elementary Schools



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Selections on The Farm Stand are included with lunch. Choose $\frac{1}{2}$ a cup of fruit and 1 cup of vegetable from a variety of options daily.		
		1 Pancakes with Sausage Links	Groundhog Day 2 Spaghetti & Meatballs with a Roll 	3 Valentino's Cheese Pizza
Weekly Alternate: Pizza Crunchers with Marinara Sauce				
6 Chicken Patty on a Bun	7 Chicken Twister Wrap with Chicken, Cheddar Cheese & Ranch Dressing	8 French Toast with a Cheese Omelet	9 Cheeseburger on a Bun with Mashed Potatoes	10 Valentino's Cheese Pizza
Weekly Alternate: Baked Mozzarella Sticks with Marinara Sauce				
13 Homemade Pizza Bagels	Valentine's Day Lunch 14 Nachos Grande with Turkey Taco Meat & Scoops Chips Free Funky Heart Tattoo w/ Lunch 	15 Meatball Parmesan on a Roll	16 Baked Macaroni & Cheese with a Dinner Roll	17 Valentino's Cheese Pizza
Weekly Alternate: Baked Chicken Nuggets with a Roll				
Presidents' Day 20 	21 No School	22 Pizza Quesadilla 	23 Sausage, Egg & Cheese Sandwich	24 Valentino's Cheese Pizza
Weekly Alternate: Cheeseburger on a Bun				
27 BBQ Beef Rib on a Bun with Corn Niblets	28 Baked Mozzarella Sticks with Marinara Sauce 	American Heart Month 	VEGETABLE OF THE MONTH Potato	FRUIT OF THE MONTH Cherries
Weekly Alternate: Chicken Patty on a Bun				

ALSO AVAILABLE DAILY

SALAD LUNCH (each salad includes Sliced French Bread)

Chef's Salad: Tossed Greens with Turkey, Ham & Cheese
 Chicken Caesar Salad: Tossed Greens with Sliced Chicken & Caesar Dressing

BAGEL MEAL

Bagel with Cream Cheese, Low-Fat Cheese Sticks & a Trip to The Farm Stand

YOGURT LUNCH

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to The Farm Stand

DELI SANDWICH

Week 1: Tuna on a Kaiser Roll with Lettuce & Tomato
 Week 2: Ham on a Wrap with Lettuce & Tomato
 Week 3: Turkey & Cheese on a Wrap with Lettuce & Tomato
 Week 4: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato
 Week 5: Ham & Cheese on a Kaiser Roll with Lettuce & Tomato

A Complete Lunch Includes:

EntSrée (with Protein/Grain)

Trip to The Farm Stand

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

Menu Subject to Change

Your comments are important to us. Please e-mail us at comments@pomptonian.com



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."